



THE CONCORDIA  
**• COURIER •**  
INVESTIGATE. INFORM. IGNITE. INVOLVE.

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# Men's Soccer season coming to a close

**KAYLIN KEMPER**  
STAFF WRITER

The Concordia Men's Soccer Team is wrapping up the end of their season. On Oct. 29, the Eagles held their last home game of the season. Because the last game was Senior Day, a day to honor graduating players, the team was filled with high energy and positivity.

The Eagles took the field ready to get another win. "Once we got the second goal, we [had] played some of the best soccer we've played all year," said Head Coach Chris Gould. "It was really cool to see them tighten everything up, and to do it for those seniors means everything to us."

The team's effort to succeed showed in their 3-1 win against Hawaii-Hilo. Leading scorers in the game were sophomore Isaac Gettis, junior Jacob Rodewald, and seniors Jesus Garcia and Jeremy Gordon, with assists from Ryan Naime, junior, and Eric Torres, freshman.

This season, Torres has been named PacWest Freshman of the Week back-to-back. Torres earned his second-consecutive weekly honor with a goal in his third-consecutive game. He headed in a goal in the 21st minute against Dixie State, and claimed a total of four goals in his last four games. For Torres, there is more to being on a team than scoring goals. "I enjoyed the bond and relationship we have on the team and how it grew throughout the season," Torres said. "Everyone was so caring and supportive; that made it even better to be on the team."

Senior Day recognized the seniors who have played a role in building and leading the team throughout the years. The seniors included were Gordon, Garcia, Anthony Rodriguez, Chris Rodriguez, Alex Hernandez Hector Espinoza, Chris Rawji and

Horacio Abaroa. Although the men were faced with ups and downs this season, their determination was never broken.

"I love this team with all my heart. These are my brothers," Gordon said. "We came out every day and we bat-

ted, and I'm happy with how we ended. I wouldn't have it any other way."

"We've had a lot of ups and downs, but the best thing about this team is that have we each other," Rodriguez said. "We all work for each other. When things are going bad, there's al-

ways someone there to pick you up. This is a brotherhood."

Although their season is coming to an end, the men have made the best of every moment. Gould said, "Internally, you'd never know the struggles. That's the amazing part; that's the part

we are proud of as far as their leadership." Yesterday, the men travelled to San Francisco to compete against Academy of Art. Tomorrow, they will head to Belmont to compete against Notre Dame de Namur University.



Concordia's Men's Soccer Team (photo from Concordia athletics website)

# First-ever Fall Festival held last week



**KAITLYN MILLER**  
STAFF WRITER

Last Friday, LEAD Student Activities debuted their first-ever Fall Festival to celebrate the new season.

"Fall Festival is a celebration for fall season and a time for students to come together as a community with fun activities," said sophomore Ashlie Rodgers.

Each activity offered something fun for attendees with an autumn twist, including the traditional bobbing for apples and the more out-of-the-box bowling with pumpkins. Besides pure fun, many of the

games offered prizes, ranging from raffle tickets for Starbucks and Amazon giftcards to winning goldfish to take home.

The event included a petting zoo featuring goats, pigs and ducks. Another popular attraction was the opportunity to take a horseback ride around the lawn.

The festival featured many great food options, including caramel apples, chocolate pretzels, popcorn and s'mores, and, of course, no fall themed event would be complete without hot chocolate and apple cider.

The night also included a

pie-eating contest, a festive fall photo booth, and an appearance from the CUI Dance Company, who taught line dancing to the students.

After attending Friday's event, alumnus Alex Bauer, '13, said, "This is by far one of the best events I have ever seen at Concordia; they really went all out."

Student Activities always provides events for students to have fun and meet new people, and their Fall Festival did just that.

In what will hopefully be an annual event, the Fall Festival was the perfect way to say goodbye to summer and kick off a new season.

# ASCUI Corner: Building communication

ARIANA SADEGHIPOUR  
ASCUI SECRETARY

This year, ASCUI has developed two new ways of communicating with the Concordia University community. Created by ASCUI Communications Director, Rose Jones, junior, "Toilet Talks" and the "Eagle Insider" are the two funny, yet informative, tools established this fall.

"Toilet Talks" is a bi-weekly flyer which appears in many bathrooms on campus, with the hope that it will "enhance community-to-campus awareness, discuss 'hot topics,' and build awareness on ways to get involved on campus," Jones said.

Additionally, Jones wants "Toilet Talks" to "provide a little humor in every visit." Overall, she hopes that everyone who reads "Toilet Talks" leaves with a smile.

Another goal of "Toilet Talks," beyond adding a little humor to the bathroom, is to "make 'Toilet Talks' personal by implementing things that I am interested in. In past editions, I have included the Ducks, Chargers, and Apps that I use," Jones said.

"Toilet Talks" is not the only method that Jones is using to promote engagement on campus. Jones has also developed a weekly e-newsletter called the "Eagle Insider."

This newsletter goes out every Sunday night at approximately 9:30 p.m. Currently, this newsletter has 1,542 subscribers, which is made up of mostly students and some faculty. Additionally, the newsletter has average opening rate of 70%.

This newsletter provides information on ways to get involved on campus and promotes participation in campus events.

Jones stated, "Any department can be featured in the newsletter, but it is

based on priority. If you would like to be featured, e-mail me at my ASCUI e-mail and I will try my hardest to include you."

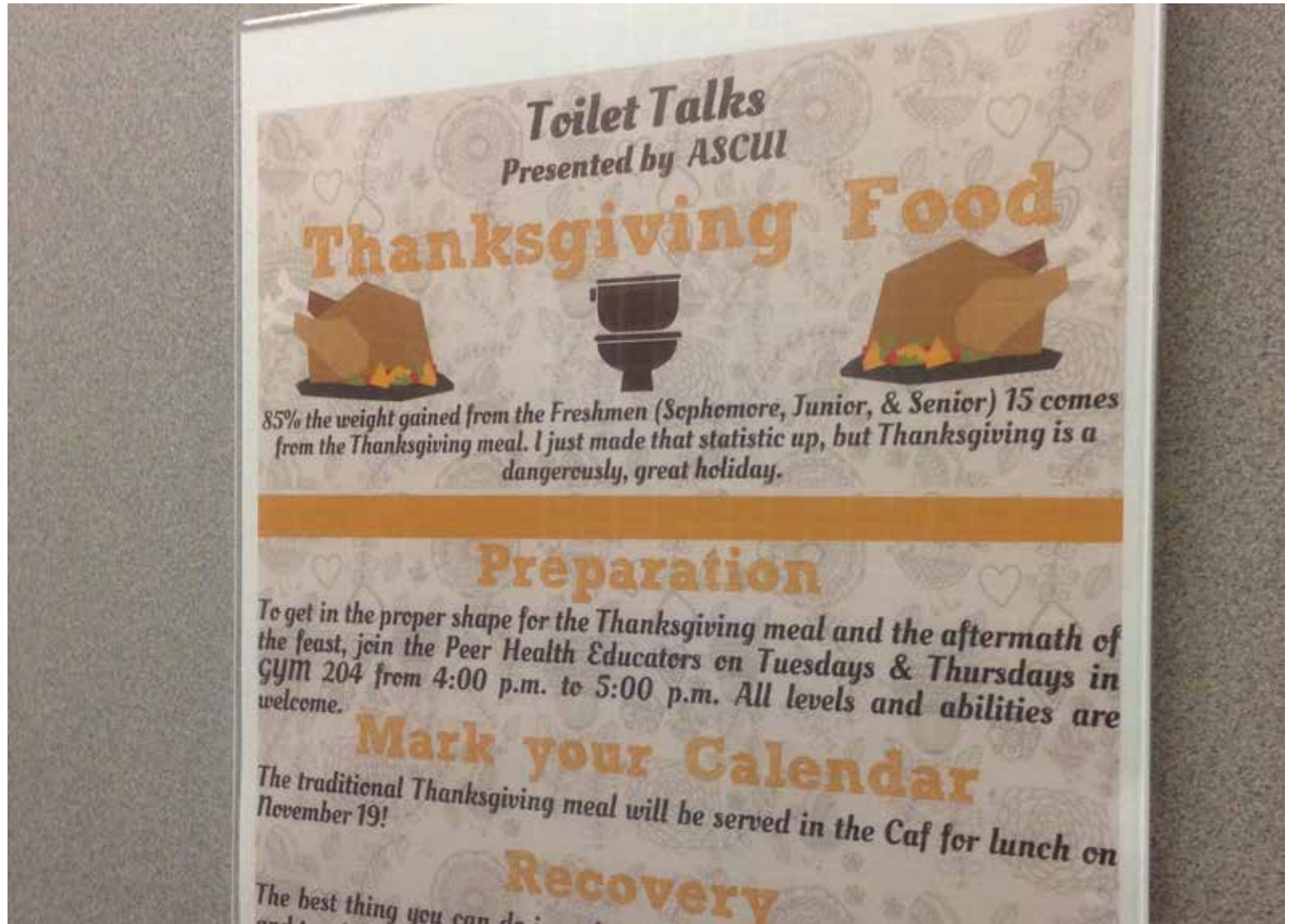
Some groups that have been featured in the "Eagle Insider" this year are LEAD, Theater, Screaming Eagles,

Improv-ceiveable and the Peer Health Educators.

For those interested, Jones said, "If you are not a subscriber and would like me to add you, shoot me an e-mail to ASCUI.comm@cui.edu. I will add you to the subscriber list."

Also, if you have ideas or topic suggestions for what you would like to see discussed in the next version of the "Toilet Talks," Jones recommends submitting ideas to the ASCUI suggestion box, which is located right outside of the CSLD.

Ultimately, Jones is working "to improve and promote awareness and participation on campus through these two new methods of communication, while adding a bit of humor to everyone's day."



"Taking a photo in a bathroom stall has to be the most awkward thing I've done all day; the things you do for your job!" -Courtney Hentz, Layout Editor

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# Cross country finishes season strong

CAMERON MCLEOD  
STAFF WRITER

On Oct. 24, the cross country team traveled to the Riverside City Course to compete at Conference Championships. The race brought out all members of the PacWest to compete in the warm weather competition. On the flat, dusty course, almost all of the racers experienced a dust storm from the pack of runners. That being said, the Eagles exceeded their expectations and dug deep for some great times.

Leading the way for the women was senior Ashley Bell. From the start, Bell stayed right with the leaders. The 6K race came all the way down to a sprint finish. In the end,

Bell was edged out by just fractions of a second, but she still claimed a top three finish. Overall, the women's team put out a wonderful effort. Slated to finish ninth, the Eagles found a way to jump two places, earning them a seventh place team title.

The men also had a breakout day. Like the women, the men exceeded their predicted positions. Expecting to finish sixth, the men placed fifth.

As a whole, the Eagles performed with excellence and achieved some personal bests. On the men's side, top performances came from freshman Samuel Bautista and seniors Miguel Mejia and Robert Blackwell. All three finished under 26 minutes for All-PacWest third team honors. The program is going in the right direc-

tion after some solid underclassmen performances throughout the season.

With both the men and women competing at a high level, there is nothing but good things ahead for the team.

As the season ends, the cross country team looks toward the track for the spring season. After some rest, they will begin to train for each of their respective events on the track.

As a young team, they look forward to the years to come. "We feel great about our first appearance in the PacWest and against Division II competition. I feel that we will compete against the top teams in the conference in the near future," said Jayson Baker, freshman. "I'm excited for what the program has in store for

us. As a team we have lots of room for improvement."

Though track season is still ahead, many seniors have finished up their cross country careers. Seniors are glad to finish on a high note, but sad to end their years of running cross country for Concordia.

Blackwell is one of the seniors who just completed his final cross country season. "It's a weird feeling to end cross country for the rest of my life, but on the bright side I'm leaving here with a positive experience and in good faith the program is in good hands for the future."

Blackwell is gearing up for track season with the team and training hard for their inaugural year in NCAA Division II.



## Softball annual home run derby

HANNAH HOWELL  
STAFF WRITER

Do you like all-you-can-eat pancakes? Do you want a chance to win courtside Los Angeles Clippers tickets? Yes!! Then on Nov. 14, come out to Eagle Field for Concordia softball's annual pancake breakfast and home run derby.

Jasmin Dresser, senior center fielder, said, "This will be my fourth year being a part of the home run derby and every year it is so fun! You get to fill up on pancakes and then get to go watch the home run derby; it's a great time."

Tickets for all-you-can-eat pancakes, sausage, juice and coffee cost only \$5. The home run derby costs \$30 for a team of up to four home run hitters. Each team gets 20 pitches, pitched by Head Coach Crystal Rosenthal. The team that hits the most wins courtside Clippers tickets. Whether you want to just eat pancakes and watch, or participate in the derby, it will be a fun day.

*"We are excited for another year of a great day of food, fellowship and watching everyone hit the ball out of the yard!"*

Rosenthal said, "We are excited for another year of a great day of food, fellowship and watching everyone hit the ball out of the yard!"

Home run derby returning champion Charlotte Foster, senior, said, "The courtside seats last year were so fun and my team and I are ready for anyone who wants to challenge us this year!" This is a great community event and a great way to support the softball team.

Megan Feuerstein, senior second baseman, said, "Every year we get more and more support. We would love to see a ton of people out there having fun and supporting our team!"

You can purchase tickets or sign up for the home run derby with any of the softball players, or you can sign up on the Concordia softball page.

Check out the Concordia University softball Facebook or Instagram page @cuisoftball for more information. Come on out to enjoy home runs and homestyle breakfast!



Senior Ashely Bell (right) races to the finish line at the PacWest championship. (Photo taken from Concordia Athletics website)

# Athletic Training room gets a boost

JULIAN MYERS  
STAFF WRITER

Alongside the school's transition into NCAA Division II, Concordia's Athletic Training program has moved a few doors down into a bigger and updated Athletic Training room.

The new space allows more athletes to receive treatment at once. The Athletic Training room now has nine functional treatment tables to treat over 450 student athletes, instead of five in the old room.

The bigger space in the new Athletic Training room offers more than additional training tables. "We now have an area where student athletes can do functional rehab for shoulder exercises, foam rolling, balance exercises for lower extremity injuries and a taping station that is conducive for high volume demands," said Glory Fung, Head Athletic Trainer.

Assistant Athletic Trainer Christopher Cooper said, "Another aspect

*"We are always looking to add new treatment options, but at the same time to work effectively within the parameters given to us while giving the best possible care."*

that helps is the amount of storage we have in the new clinic; we don't have to go back and forth from the storage

room." The amount of space that the new training room has provides for a positive environment for athletes and trainers.

Fung believes that these changes will help with high volume demands, which occur when there are a lot of student athletes in the training room at once. This commonly happens when different sports teams have practice at the same time and all need different types of pre-practice or post-practice treatment.

"High volume treatment times usually fall under the timespan of 11a.m. to 2 p.m. for practice preparation and 3 to 5 p.m. for post-practice treatment," Cooper said. Nonetheless, the new upgrades and bigger space the new Athletic Training room offers definitely helps in these high volume times.

Jessica Gaye, Graduate Assistant trainer for Women's Soccer and Soft-

ball teams, said, "Being able to tape three to five athletes at a time has made a huge difference."

The old Athletic Training room is now used as a classroom and gives students an authentic Athletic Training Room experience in which to learn.

One other benefit is that one of the office spaces in the new Athletic Training room allows physicians to give private examinations when warranted.

"We are always looking to add new treatment options, but at the same time to work effectively within the parameters given to us while giving the best possible care," Cooper said.

The training staff is excited to have these upgrades and new space to provide the athletes with the best possible care.

# Every drop counts

Concordia's Nursing Program teams up with UCI for a good cause

SAMANTHA PALMER  
STAFF WRITER

Last week, on Wed., Oct. 28, Concordia's Nursing Program teamed up with UCI to put on a blood drive here on campus.

DeNelle Ballenger is a nursing student who is a part of the California Nursing Student Association's Community Outreach. She was excited to do an event that was on campus since the Nursing Program recently moved to an off-campus location.

A blood drive is offered once a year at CUI, but Ballenger and other nursing students are working on providing more opportunities for students to help save lives.

According to the American Red Cross, more than 41,000 blood donations are needed every day. "Donating one pint of blood saves three lives, and there is always a need for more donations," Ballenger said.

Senior Tiffany Thompson, trained as a nurse, attended the event to donate blood. "I am a nurse, and I know that we are in what I call a 'blood drought,' so I donate whenever I can." Thompson expressed how easy the process is, but suggests that eating a good meal and drinking wa-

ter beforehand will help to ensure that the donating experience goes quickly and easily. Refreshments are always provided after donating to also help from experiencing any adverse effects such as dizziness, lightheadedness or loss of strength.

The reason many people do not donate blood is because they do not realize that they are eligible. To be a blood donor one must be in good general health and feeling well, be at least 17 years old and weigh at least 110 pounds. A copy of a photo ID or driver's license is also required during the sign-in process. It is important to know your own medical history and any medications you are taking prior to donating.

The most common reasons for being deferred from giving blood include low iron levels and cold- or flu-like symptoms. Both will not permanently keep one from donating, so sign up for the next one and try again.

Another fear when it comes to giving blood is the very common fear of needles, which can be found in about 20% of people. The Red Cross website even addresses this, knowing that many people coming to donate will probably feel some anxiety. The website gives a comfort-

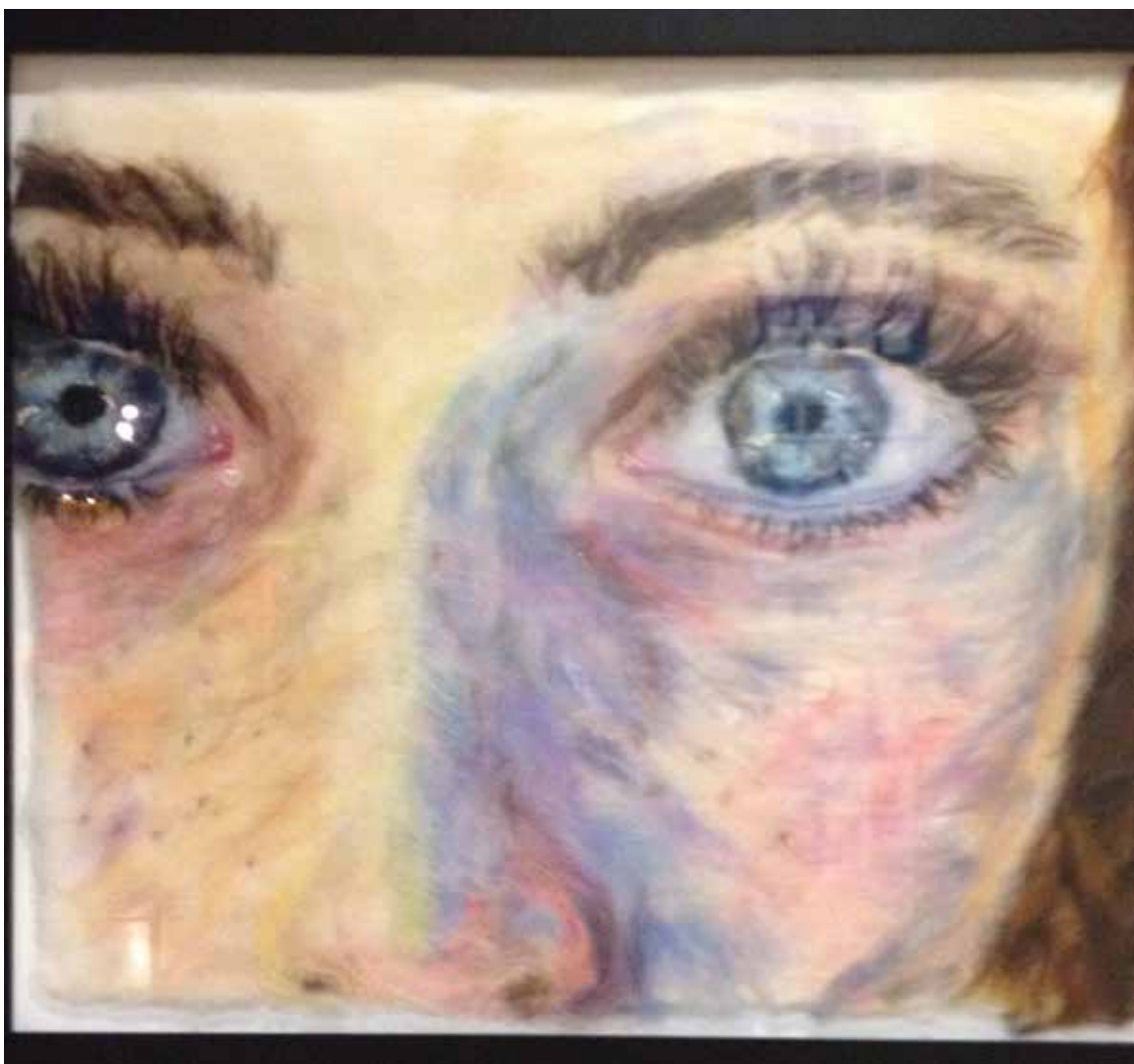


ing comparison to that of pinching the soft underside of your arm. They also ensure that the pinching feeling of the needles will only last a moment when it is first inserted. Many people share this fear, but are able to still be brave and donate.

Just in the U.S., an estimated 38% of the population is eligible to donate, but only 10% actually do. This means that anyone interested in giving blood will be greatly appreciated. Today, there are three different blood drives taking place in Santa Ana,

Fountain Valley, and Laguna Hills. For exact addresses and times or any other information needed about the donation process and how to know the qualifications to give blood, visit the American Red Cross website at [www.redcrossblood.org](http://www.redcrossblood.org).

## John and Linda Friend Art Gallery exhibits "Nocturne Blues" by the Designing Weavers



"Through the Eyes of a Child" (Part II) by Sara Smelt

COURTNEY HENTZ  
LAYOUT EDITOR

"Nocturne Blues" is the current exhibit in the John and Linda Friend Art Gallery in Grimm Hall. The exhibit features the art of the Designing Weavers, a fiber guild located in Los Angeles. Twelve fiber artists came

together to discuss their work and the guild on Oct. 21. The Designing Weavers is one of only a handful of fiber guilds in all of Southern California.

Each year, they pick a "challenge" which becomes the theme of the year. The challenge is designed to force the guild members to push themselves to

create pieces outside of their comfort zone in order to help them grow as artists.

This year's challenge became the name of the exhibit, "Nocturne Blues." The guild members were supposed to design something within their chosen medium regarding nocturne blues and what that phrase

meant to them.

Sarah Smelt, for example, created a piece entitled "Through the Eyes of a Child" (Part II), which was made of merino wool (unfelted). Smelt was inspired by the blue eyes of her friend's eight-year-old daughter. The captivating color of the eyes reminded her of the challenge words, nocturne blues.

*"Wool roving transform[ed] into felt fabric ... is art, science and a little magic."*

However, Smelt decided against this process because it would shift the fibers ever so slightly making the "brush stroke" style design look less intentional. Smelt brought with her a sample of an eye she created with a similar process that had been formed into a felt to show how the process affected the design. To achieve the look she wanted and still keep the fibers in place, she had to develop a new felting technique utilizing the common household ingredient, hair spray. Smelt would place fibers and spray her piece intermediately to hold the felt in place as she worked. The final design of "Through the Eyes of a Child" (Part II) is only held together with that little bit of hairspray while pressed between glass.

Smelt, who previously worked as a scientist, finds that her new profession of felting encompasses her two loves of art and science. Regarding this, Smelt said, "wool roving transform[ed] into felt fabric ... is art, science and a little magic."

Wool's versatile nature is what Smelt loves most about her new career. Designing and innovating the felting process has allowed Smelt to delve farther into her creative side. Utilizing these techniques in her piece, "Through the Eyes of a Child" (Part II), helped Smelt create not only a captivating and gorgeous piece, but an innovative one as well.

For more information about Smelt and the other artists from Designing Weavers, visit [www.designingweavers.com](http://www.designingweavers.com). To see the piece talked about here as well as many other interesting works by the Designing Weavers, make sure to check out their installation in the John and Linda Friend Art Gallery located in Grimm Hall.

To create the piece, she took strands of merino wool and stretched the different colors over each other. She wanted each strand to mimic the look of brush strokes. Normally, the merino strands would be rolled in a mixture of soap and water to make the strands become one piece of felt material.

# Conquering Core in Cambridge

*This semester, 11 Concordia students are studying abroad at Westfield House in Cambridge as part of Concordia's first-ever Core Cambridge program. Under the instruction of CUI professors Dr. James and Dr. Susan Bachman, these students study Core English and History as well as other courses offered by Westfield House of Theological Studies.*

MONICA JORDAN  
CONTRIBUTOR

Studying abroad provides the wonderful opportunity to live and learn in a different country and culture. This means many things, such as sharpening language skills, adopting customs and meeting new people. Because of these experiences, it can be tempting to treat study abroad as a vacation with the occasional class. The “study” in study abroad ought to have at least equal weight as the “abroad” aspect. These two aspects intersect wonderfully when it comes to differences encountered between the educational strategies, practices and goals of our American institutions and foreign ones. Those of us participating in Core Cambridge have access to one of the world's most prestigious universities, the University of Cambridge, which exemplifies the best of British education.

Where American education emphasizes breadth, British focuses on depth. When students come to university at the traditional age of 18, they must already have chosen the subject area that they will study. Then, at university they spend all their energy on the subject area they have chosen. They are free to go to lectures and learn about other subjects, but all their exams focus on their one subject. Thus, when they complete their degree, they typically have expertise in their subjects that is more like what we Americans achieve in master's level graduate study.

The practice of focusing on one subject contrasts with American universities, where, while there are various departments, students usually spend their first year on general education and must take electives from disciplines outside their major. The American system aims to educate students in a wide sense and to draw connections between fields. Because of this range of subjects, American courses require frequent assignments, reading, and papers, but less weight is placed on demonstrating

expertise in final exams.

British courses are more lecture-based and have very few, if any, classroom assignments throughout the semester. Students instead seek “supervisors” or “tutors” who help them learn how to dig more deeply into the subjects that are taken up in the lectures. A final grade in a Cambridge class may very well come entirely from the final exam. American students, accustomed to boosting their grades with participation and small assignments, might find this prospect intimidating, but with the proper level of self-discipline and focus, students can adjust to this style. Lectures help to focus and supplement students' individual work as they study in depth with a tutor throughout the semester.

Within a British university such as Cambridge, there are more than 30 colleges that function independently from one another. These colleges each provide a full range of services to their member students. Prospective students apply to individual colleges, such as Fitzwilliam or Trinity or King's, and their residence hall, their meals, their chapel worship and guidance for their interaction with the whole university are all provided by the college to which they belong. In this way, British students encounter a small college experience while still studying at a large university.

Here at Westfield House, we Concordia students study in a blend of American and British styles. We have classes like you would find at CUI, but we also attend Cambridge lectures and most of our work is geared toward reading for final papers and exams rather than weekly assignments. We also encounter the small college experience through the way Westfield House cares for the details of our daily lives and our studies.

American and British universities both provide excellent education in interestingly different ways. Core Cambridge uniquely blends the two approaches for an educational semester.



## Great Commission poster session

TIFFANY THOMPSON  
STAFF WRITER

“And Jesus came and said to them, ‘All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.’” Matthew 28:18-20. This is the Great Commission and is the backbone that empowers and guides each and every one of us in our professional studies.

The Great Commission Showcase, an event that spotlights students' local and global mission experiences through written and oral presentations, has a poster session today from 11 a.m. to 1 p.m. in front of the CU Center. This is the first year for this event which will henceforth be occurring annually. The entries focus on experiences that are in service

to the Gospel and directly related to connecting people to Christ.

A total of six entries are participating. Theology Professor Mark Siegert is the coordinator of the event. “The Great Commission Showcase began as an initiative of Christ College, The Great Commission Institute, and President Krueger. It is generously funded by President Krueger's office,” Siegert said.

A few of the students participating in the event are seniors April Hall and Nokukhanya Shabalala, juniors Jourden Ammann, Rebekah Amort, Taylor Kelso and Noah Menke.

Shabalala partnered with senior Shea Frates to write about their experiences as missionaries from South Africa and America. Both work on ministering to international students on campus. “The Global Village, which houses these students, and the Global Citizens Club creates a platform for these students to tell their stories and thus feel at home here,” Shabalala said. “We are looking at the role hospitality plays amongst our

international students in view of the Great Commission.”

Amort is participating to share her work spreading the Gospel in a small Aboriginal community in Papunya, Australia. She encourages anyone who is interested to come out and support their classmates and is excited for the event, “I am looking forward to sharing my experiences and hearing about other contestants' journeys,” Amort said.

Kelso is presenting mission work from a Hungary mission trip from 2014. “I am excited to share the memories that I experienced while I was there, and I want to get the word out about the amazing people of Hungary, and the work that the Holy Spirit is doing there,” Kelso said. She wants students to come and support the students who “spent hours reliving memories and writing papers. Come ask questions and also see what opportunities you have to get involved!” Kelso said.

Siegert believes that this is an excellent opportunity for everyone

who participated to reflect on their experiences. “I'm extremely proud of the students who stepped forward to participate in this year's showcase.

*“I'm blessed to see this project begin, and I'm excited to see how it will shape Concordia's future.”*

They've put in a tremendous amount of work to prepare their entries,” Siegert said.

“I'm blessed to see this project begin, and I'm excited to see how it will shape Concordia's future. CUI calls itself ‘The Great Commission University’ for a very good reason. We've always been focused on finding creative and responsible ways to proclaim the clear and saving Gospel of Jesus Christ to our neighbors, both near and far. This showcase will keep us focused on that vital activity,” said Siegert.

After presenting in the poster session, four finalists are chosen to give a 10-minute presentation of their project. In addition to being a great experience for everyone involved, there are also cash prizes awarded for winning entries and the university will make matching cash donations to the mission agencies that are working with the student participants. After the poster session today, everyone is invited to attend the Finalists' Presentations on Wed., Nov. 11, at 10:30 a.m. in DeNault auditorium. The showcase winners will be announced Thurs., Nov. 12 in Chapel.

# Under the radar: women artists featured at The Irvine Museum



Mural featured at The Irvine Museum painted by Jessie Botke

KARINA DIEZ  
STAFF WRITER

On Oct. 3, The Irvine Museum unveiled "Independent Visions," an exhibition focused on celebrating the distinct styles produced at the turn of the century by notable women artists in California. The purpose of "Independent Visions" is to draw attention to the talents of women whose abilities were not recognized until after their time.

"They've been sort of under the radar," said Dora James, the museum's Curator of Education. "We wanted to feature women artists who have had a

lot of influence on artwork that many people are not aware of." Through the artists' respective styles, methods and choices, their independence is displayed.

"California was different from the rest of the United States, and women artists were freer to express themselves in different ways," James said. "As women were not ordinarily represented by galleries, they were able to paint what they wanted to, to try new things and experiment."

"Independent Visions" is centered around Jessie Arms Botke's mural from the Oaks Hotel. Botke's mural consists of a rich ensemble of exotic

birds and plants in depiction of the Florida Everglades. The mural was gifted to The Irvine Museum by the Oaks Hotel. "Women were pushing the envelope," said Jean Stern, Executive Director of the Irvine Museum. "Some of the modern art influences that the men did not paint in, women did paint."

The works of M. Evelyn McCormick, Donna Schuster, Euphemia Charlton Fortune and Anna Hills, among others, are also given prominence at the museum. Hills' "Spring in Laguna" charmingly presents the Southern California beach town lifestyle. "Hills was one of the founders

of the Laguna Beach Art Association and was president on two occasions," Stern said. "She was one of the most important teachers in Laguna Beach and she was just one of the (many) important painters of the area."

Turn-of-the-century women artists demonstrated a flair for painting through a wide variety of media: oil painting, watercolor and sculptures being among the most popular forms of artistic expression. "There were a lot of restrictions back East. Many women came West, looking for opportunity and they found it in Los Angeles," Stern said.

"Independent Visions" encom-

passes the Impressionism, Post-Impressionism, Modernist and Abstract styles that influenced the represented artists. "If we were to do a show that's all men artists, we would not have this wide of a range. There's much more variety of styles from women," Stern said. "They were ready to experiment and they did."

For those interested in exploring the unique and diverse art that was overlooked during its day, "Independent Visions" continues through Jan. 21, 2016.

For information on current and future exhibitions, visit [www.irvinemuseum.org](http://www.irvinemuseum.org).

# There's nothing plain about "The Plain Princess" musical

LAUREN HIGBEE  
STAFF WRITER

The opening night for the musical, "The Plain Princess," will be on Nov. 13 at 7:30 p.m. in the Concordia University Studio Theater.

The musical, set in a fictional kingdom, focuses on the transformation of the King and Queen's daughter, Esmeralda. "The Plain Princess" is directed by Lori Siekmann, Assistant Professor of Theatre.

Based on the book, "The Plain Princess" by Phyllis McGinley, Concordia's take on the musical is "adorable, magical and charming. It is

sure to put a smile on your face," said Sarah Ladick, freshman, who plays the part of one of the royal family's ladies-in-waiting. "It is such a blessing to be a part of this extremely talented cast and crew," Ladick said. "This is the first production that I am involved in at Concordia, and I can't wait to continue my involvement in theater here!"

"The Plain Princess" tells the story of Princess Esmeralda, who struggles with the fact that she is, indeed, plain. In order to make Esmeralda beautiful, the King and Queen search for medicine or magic that will cure her, but find an unexpected type of magic for their

daughter.

Siekmann has directed shows such as "The Drowsy Chaperone," "The Foolish Proposal," and "The Cover of Life." Concordia received an invitation to present all three of these productions at the regional Kennedy Center American College Theater Festival (KCACTF), which is a huge honor given to Siekmann and those who performed in the shows.

Siekmann has also been honored with the KCACTF Gold Medallion award for her extraordinary contributions to teaching and the Theatre Department.

Freshman Stephanie Tokarze-

wski, assistant stage manager for "The Plain Princess," said, "There is so much to love about this musical. I feel like this show will spark the imagination of any student at Concordia. It has something for everyone. Not only is it a fun show, but the actors are extremely talented."

Through her involvement behind the scenes of the production of "The Plain Princess," Tokarzewski explained how Concordia's version of the show has never been done before.

Originally, the production of "The Plain Princess" premiered featuring only piano. The music for the show has been expanded by the

Concordia Theatre Department to feature a full orchestral score.

Tokarzewski added, "Anyone looking for something new should definitely attend the show. I'm excited for everyone to see it!"

The cost of attendance for "The Plain Princess" is \$18 for general admission and free to any Concordia students, faculty or staff. In addition to opening night on Nov. 13, there will also be showings on Nov. 14, 20, and 21 at 7:30 p.m. as well as matinees on Nov. 15, 21, and 22 at 2 p.m.

# What's new on Netflix? *YouTube*

We are going old school to review a YouTube channel that is so good, we had to ditch Netflix and return to the cat video-filled world of YouTube. Enjoy.

## A look into the YouTube channel, TestTube News

CAMERON MCLEOD  
STAFF WRITER

As college students, some of us are quite pressed for time. For those who want to keep up on current world news, but have no time to watch a full broadcast, TestTube News has your back. Meet your new three- to five-minute news source clips that help you learn about the world with its unbiased style. Their YouTube channel has almost 700 videos for viewers to watch and learn about the world.

Every episode dives into a single subject, including topics such as the future of human language or knowing how powerful a single country is. Each segment is jam-packed with information condensed into short videos for anyone to understand. TestTube News does a great job of conveying controversial and complex problems into a simple way for explanation. TestTube can literally be accessed 24/7 for those who carry a smartphone.

As a branch of *The Discovery Channel*, TestTube serves as a credible source of information. Their mission is “more than a point of view. It is a transformative lens through which we see wonder within the ordinary, magic in the mundane, and inspiration everywhere. TestTube is a network for all ages where it's cool to be smart, and where curiosity is the fuel.”

TestTube's model is to answer the questions that people are asking. Sometimes normal news networks leave out information that might be overlooked or just missed. TestTube not only tells the news, but also gives viewers backstories and reasons why things happen. It helps the average Joe learn and have a better understanding about the world we live in. At the end of every episode is a link to another related video.

With a new video posted almost

every day, TestTube stays current on issues. And in some cases, TestTube makes videos that follow up on issues that are stretched out over a long period of time. TestTube is a vital source not only for news,

but also information on topics that have shaken history forever. Described on their YouTube channel, TestTube is “committed to answering the smart, inquisitive questions people have about life, society, poli-

tics and anything else happening in the news. It's a place where curiosity rules and together we'll get a clearer understanding of this crazy world we live in.”

TestTube is definitely worth a

view if you are roaming the endless videos on YouTube. With a new show to watch nearly every day, TestTube is your gateway to answering your burning questions about the world.

# Why do we save daylight?

AUSTIN WEBSTER  
STAFF WRITER

Sleep – it feels like we can never get enough. For a college student, there is nothing craved more than more time to sleep. Tired eyes wander into classrooms and take a seat, with blank stares daydreaming of crawling back into bed. The snooze button has become a blessing and a curse; the temptation of pushing a button to sleep more allows for a greater chance of missing class. As summer arrives, the complaints of losing an hour of sleep become common. This is the day the sleepers dread. But as summer ends, the clocks fall back with the arrival of the new season, allowing for an extra hour of much-wanted sleep. Last Sunday was a day dreamt about by many college students in need of that extra hour of sleep.

Daylight Saving Time (DST) has constantly been in and out of use. Though ancient civilizations have had similar ideas, DST has been credited to the thoughts of Benjamin Frank-

lin. While working for the American government in France, Franklin had written an article for the *Journal of Paris*. Franklin's “An Economical Project for Diminishing the Cost of Light” jokingly suggested the French would use less candles by waking up earlier and gaining an hour of sleep.

The idea became temporarily used by the United States during World War I. During a time of war, textiles become scarce for the citizens and were much needed for the military. Oil, the prime source of light during WWI, became such an essential item in fighting the war that the United States government put DST into practice. DST meant the Americans would use less oil at night because DST offered an extra hour of sunlight in the evening. DST was not integrated as a concrete practice until after World War II. States may be pardoned by the DST practice if voted on by the state citizens, as is the case in Arizona.

There have been many explanations on why DST is still in use today. The conservation of energy stands at

the top of this list. Just like the conservation of lamp oil during WWI, energy used for light is saved with the extra hour of sunlight. Then there is the idea held by manufacturers. People are spending more time outside of their homes with the extra hour of light adding to the consumption of toys, purchasing of food and other outside activities. This results in a healthier population. This hour is spent outside playing and interacting, not spent in front of a television if it were dark.

I do not have a problem with using the daylight savings method. Gaining an hour of sunlight during the summer helps me appreciate the day and soak up the Southern California sun. When it came time for me to get a job, it was nice being able to clock out and still have time to enjoy the sun. I am content with not having an hour of sunlight in the evenings during the winter. The weather becomes too cold to for me to enjoy the outside. I'd much rather be by the fireplace with a hot coffee and Netflix.



# Laundry at Concordia: Tips from the stingy college student

KENDRA SITTON  
LOCAL/GLOBAL EDITOR

For some advice on how to be a stingy college student, I'll go over the oft-complained about laundry. A freshman today told me all her money seems to go to laundry. So Anna, this is for you.

**Don't separate colors.** Some think sorting clothes is a skill to be gained. I think it's a skill to be forgotten. If it can all fit in one giant, colorful load, make it all fit!

**Don't ruin clothes.** Yeah, wash it all at once but make sure you're not letting your lacy dresses touch the buttons of your jeans or it'll be bye-bye nice clothes. You'll spend more money constantly buying new clothes. For this, buy a lingerie bag. Yes, yes I know, "buy" was in that sentence, but sometimes you have to spend money to save money. Lingerie bags protect nice clothes in the washer and also soak up colors that could hurt them as well.

**Save money on drying.** Clothes that are delicate, just put on hangers and hang around your room. Put everything else in one load. If you want to go to extreme measures, use the laundry lines hanging in The Global Village so you don't have to pay to dry your laundry at all.

**Use the packet laundry detergent, not the bottle or powder.** The latter will inevitably spill and you'll accidentally pour too much in. The packets of neatly

packaged detergent will last much longer. But don't forget that these go straight into the drum, not the detergent tray!

**Plan trips home.** This only works if your parents are willing to pay for you to come home, but home is the place of free laundry.

**Only wash sheets at home.** Sheets take up a ton of space so only wash them at home where you can do multiple loads with no consequences.

**Do laundry every two weeks.** This might mean buying a few more underwear or shirts, but it'll be nice in the long-run when you can really utilize all the space in the washer. If need be, you can also hand-wash some of the things that run out in the sink.

**Febreze things that aren't stained.** No one will know it's the second time you've worn it. Be sure to hang towels and clothes in open places so they don't get musty.

**Don't wash jeans.** Okay, so at some point you need to wash your pants, but really avoid it for as long as possible.

**Keep yourself clean.** One really fast way to make clothes smell bad is for them to be on a smelly person.

Don't be gross, but be thrifty with your laundry investment. Save money and use it for fun things instead!



**Suitcase BINGO**   
November 13<sup>th</sup> @ 8:30pm In the Caf.

**GREEN DOT  
BYSTANDER  
TRAINING**

NOVEMBER 7, 2015  
9AM-4PM | RPC

LEARN HOW TO SAFELY  
STEP IN AND PREVENT  
EXPERIENCES OF  
STALKING, SEXUAL  
ASSAULT, AND VIOLENCE.  
FREE T-SHIRT & FOOD

DO YOU LOVE  
THE UNIVERSITY'S  
**BREAKFAST  
BURRITOS**  
?????



**NOV 8  
9:15AM**  
MEET AT THE  
GRIMM HALL BREEZEWAY

TAKE ADVANTAGE OF A FREE BREAKFAST  
BURRITO BEFORE ATTENDING ONE OF OUR  
PARTNERING CHURCHES IN THE ORANGE  
COUNTY AREA.

abbey west

**Get Plugged In**

Colossians 3:16

Chapel - 10:30 am  
OU Center - M T Th F

Shout - 9:30 pm  
OU Center - Th

Sunday Church Carpooling  
Battalion and Beloved  
Small Bible Study Groups

